

# HOW MEAL TRADES WORK

## One Meal Trade = One Swipe

A meal trade is a bonus convenience option to your dining experience. You are exchanging a dining hall swipe for the selected meal period for an on-the-go daily meal trade option in the Hillcat Hut.

Let's talk about...

# MEAL TRADES



**ROGERS STATE**  
UNIVERSITY  
DINING SERVICES

## Daily Meal Trade Options at the Hillcat Hut

**Lunch** (10:30am-3pm) **MONDAY-THURSDAY**  
(10:30am-2pm) **FRIDAYS**

### Monday

Popcorn Chicken Bites Combo  
or Bacon Grilled Cheese Sandwich Combo

### Tuesday

Hamburger/Cheeseburger Combo  
or Bacon & Cheese Grilled Chicken Sandwich Combo

### Wednesday

Chicken Quesadilla Combo  
or Pepperoni Grilled Cheese Sandwich Combo

### Thursday

Chicken Fried Steak w/ Mashed Potatoes & Gravy,  
Green Beans or Ham Grilled Cheese Sandwich Combo

### Friday

Philly Cheese Steak Sandwich Combo  
or Tomato & Spinach Grilled Cheese Sandwich Combo

Lunch Combos include:  
a side of French Fries & a 20 oz Fountain Drink

**Dinner** **MONDAY-THURSDAY**  
(7:30pm-11:30pm)

### Monday

BBQ Night - 1 Meat w/ 2 sides & Texas Toast  
(20 oz fountain drink included)

### Tuesday

Taco Cat Night - 2 Tacos, Refried Beans, Spanish  
Rice (20 oz fountain drink included)

### Wednesday

WOK Night - 1 Entrée w/ Rice, Egg Roll,  
Vegetable (20 oz fountain drink included)

### Wednesday

Wing Night - 10 Boneless Chicken Wings, 1 side,  
Celery/Carrot Sticks, (20 oz fountain drink included)

### Thursday

Breakfast for Dinner Night - Biscuit & Gravy,  
sausage or bacon, potatoes, pancakes or  
waffles (20 oz fountain drink included)